

# M&WBE October Spotlight:



## **Japan Karate Institute James Island LLC**

1528 Folly Road Charleston, SC 29412

Theraun Mixon | [www.jkijamesisland.com](http://www.jkijamesisland.com)



[Japan Karate Institute James Island LLC](#) has been in business since 2015. Sensei Theraun Mixon teaches Wado-Ryu Karate, a traditional form of martial arts, which is very effective in developing structural attributes in kids and adults. Their philosophy is not to conquer others, but to conquer the weaknesses within oneself.

Japan Karate Institute James Island has been heavily involved in the community by developing balance, focus, and self-esteem in individuals.

The Japan Karate Institute James Island has grown from 3 students in a 200 square foot room inside a Church to a 6,000 square foot facility with 75 students. Though COVID-19 has affected several plans for growth, they have re-grouped and adapted to the new sense of

normalcy following all new safety measures. Their vision is to have 200 plus students enrolled by the end of 2021.

For their community, Japan Karate Institute James Island hosts events such as cookouts, pool parties and outings with students as well as conducting self-defense seminars for local businesses. With each event, they ensure that the community has obtained more knowledge of how to be alert and aware of one's surroundings. All of this is free of charge to members of their community.

Japan Karate Institute James Island is not just a business, but a family. When you walk in the dojo, you immediately feel the unity and togetherness amongst everyone! Sensei Theraun was previously in law enforcement and stepped down in order to begin his journey of teaching and spreading Wado-Ryu Karate. He has never looked back and even in the midst of a pandemic, Sensei Theraun still has the love and desire to spread Wado-Ryu Karate throughout the community because he knows the impact that it has on people's lives.

**Fun Fact:** Though they teach Wado-Ryu Karate, they also host talent shows and recognize all of their students beyond Karate. The assistant head instructor, Sempai Carlin Dooley is a wonderful musician and part of a local band that performs all over the town of James Island and downtown Charleston!

### **Community Recognition:**

"I would like to inform you of the remarkable job that Japan Karate Institute James Island does for their students and the community at large. Most of these karate dojos do great work, but I strongly believe that under the ownership and leadership of Sensei Theraun Mixon, that this dojo goes above and beyond. Sensei Theraun should be commended on the lessons and values he imparts on his students. He is a remarkable man that has become a role model to my son and to the numerous other students in his dojo. He embodies everything great that you would expect of a karate instructor and yet always goes above and beyond by building these children and adults up to be better people."