



## Volleyball Coach//Player Protocol

The City of Charleston Recreation Department and the Mt Pleasant Recreation Department is thrilled to have the LCVBL for our citizens. This Fall Season will be a success with the COOPERATION of All Parents, Players, and Coaches. Volleyball will look different than our normal season. We have instituted new standards, protocols, and game rules that will meet or exceed CDC national standards for keeping our children safe while playing indoor sports. Our goal is to provide an atmosphere to allow our children to exercise, socialize (distantly), be fit, and have fun!

We ask that ALL Parents, Spectators, Players, and More to HELP US keep EVERYONE SAFE. If we fail at this, our children do not get to play, and we know that is not what any of us want! See and Read the protocol below.

**PLEASE follow all guidelines, protocols, and ordinances set forth.**

**Please DO NOT attend practice or games if you feel sick.**

### All Facilities:

- EVERYONE will follow all State Ordinances in reference to face coverings.
- The Governor issued a State Ordinance that requires Face masks to be worn in Gymnasiums.
- Staff, Coaches, Officials, Players, and Spectators are required to wear a face covering at all times.
- Exception: Players are required to wear face covering at all times, Except when they are practicing/playing on the court. Face Coverings must be worn on the sidelines.
- Exception: Referees are required to wear face coverings at all times, Except when they are in the stand.
- Staff will always be in face coverings
- Spectators will be required to wear face coverings at all times.
- Volunteer Line Judges will be required to wear face coverings at all times.
- Only 1 (ONE) Spectator per Player permitted in the gymnasium.
- Temperature Check at the Door at the City of Charleston Gymnasiums Only.
- No team benches or bleachers will be used during games.
- Players must bring their own water. There is no access to water fountains.
- Spectators: Social Distancing is strongly recommended.
- Seating will be limited.
- No snacks/team snacks permitted within the confines of the gymnasium.
- City of Charleston Department: Concessions will be open with prepackaged snacks and bottle drinks at some locations. Mt Pleasant Recreation Department: No concessions available.
- Spectators will wait in their cars until after the sanitation process is completed.
- Volleyballs will be frequently sanitized as often as possible before and after games.
- Entrances and Exits will be designated in each gymnasium.

### **Game Points of Emphasis:**

- Players should social distance when not in the game.
- No handshakes at the end of the game, no team huddles, no grouping together for cheers, no high fives, verbal encouragement only. Each team will line up on their side of the court at the finish and wave/high five as a team, towards their Opponent.
- Players should not spit, spit on hands, lick their fingers/hands, etc.
- Players must cover their mouth and nose when coughing or sneezing.
- Games will be scheduled to allow for social distancing as best as our gymnasiums will handle.
- Staff will sanitize between games. This will include balls, referee stand, scorer's table and any other items used during the game.
- Teams will not switch sides during any match. Remain on same side entire match.
- Each Team will only have 5 minutes to warm up on the full court prior to the start of the game.
- Maintain at least a 6ft distance when addressing a Referee or Staff.
- Only Coach(es) and Players allowed on the court.
- Substitutions: Player will enter at the Net, Player leaving will exit at the end line.
- Face Covering must be worn for the Pre game with the Referee with social distance in order..
- No contact for team huddles or cheers between points.
- A Player can wear a Face covering during a game, if they choose to do so.