



Cheer Parent/Player Protocol

Fall is Focus on Fun and Safety

The City of Charleston Recreation Department is thrilled to have fall sports for our citizens. The only way to have this fall be a success is with the COOPERATION of all parents, players and coaches. Fall sports will look different than our normal fall season. We have instituted new standards, protocols and game rules that will meet or exceed CDC national standards for keeping our children safe when playing outdoor sports. Our goal is to provide an atmosphere to allow our children to exercise, socialize (distantly), be fit and have fun!

Below are the protocols and we are asking ALL parents, spectators, players, and whomever come to watch to HELP US keep EVERYONE SAFE. If we fail at this, our kids are back inside and we know that is not what we want!

PLEASE follow all guidelines, protocols and ordinances set forth.

Please DO NOT attend practice or games if you feel sick.

- Coaches/Parents and Players will follow all city ordinances for mask established at time of play. As of this time Coaches and all spectators are required to wear a face covering at all time while on city fields, parking lots, restrooms and playgrounds.
- Players will be required to wear their face covering at all times except when they are actually practicing on the field or playing on the field.
- All spectators will be asked to socially distance
- Parents will sit on the same side as their child's team, field will be lined for spectators viewing.
- Please have your child carry their own hand sanitizer.
- Coordinators will schedule practices so there are minutes in between practice and games that will allow teams finishing to exit fields prior to the next round of practice/games begin.
- We ask that you and your player stay in your car until your practice time begins. Please do not arrive early and expect to be able to hang out on the field or around the field. This activity will not be permitted during this fall.
- Teams will get an air horn with 5 minutes left in practice, a second air horn at the conclusion of practice will sound. This is when players will end practice and head to cars.
- Coaches will not hold huddles or group talks during this time. Staff will begin to announce to please move to cars. We ask all parents to respect these time allotments as well. A coach may talk during their practice time but teams must leave the field at the second air horn.
- Games will be similar. Immediately following a games finish we ask everyone to move to their cars so we may get the next round of games started.
- Cheerleaders will set up on end zones of the flag football fields to cheer for their team.
- Parents will sit on the flag sideline, no parent permitted at the end zone.
- No benches or bleachers will be used during practices or games.
- No handshakes at the end of the game, no team huddles, no grouping together for cheers with other teams, no high fives, verbal encouragement only. Each team will line up on their side of the field at the finish and bow or wave as a team to their opponent.
- We ask all players to not spit, do not spit on hands, cover their mouth and nose when coughing or sneezing.
- Snacks: we prefer no team snacks. If you do it MUST be prepackaged. No cut fruit or homemade items. Sanitize hands before and after.
- Players are to bring their own water bottle. There will be no shared water coolers.
- Cheerleaders are responsible for their pomp oms and keeping them sanitized. Please label your handles.
- We ask that when needing to speak to staff at fields that you please maintain at least a 10ft distance. Staff will be happy to help and give you any necessary information.
- Games will begin first of October
- Some age groups may be combined to co-ed depending on registration.
- Concessions will be open with prepackaged snacks and bottle drinks.