



Fall is Focus on Fun and Safety

The City of Charleston Recreation Department will offer fall sports for our citizens. Fall sports will look different than our normal fall season. We will institute new standards, protocols and game rules that will meet or exceed CDC national standards for keeping our children safe when playing outdoor sports. Our goal is to provide an atmosphere to allow our children to exercise, socialize, be fit and have fun!

**Coaches/Parents and Players will follow all city ordinances for mask established at time of play

**Parents will be required to socially distance

**Parents will sit on the same side as their child's team, field will be lined for spectators viewing

YOUTH CHEERLEADING FACT SHEET

- Practices will start after Labor Day
- Games will begin first of October. Teams will cheer for flag football.
- Some age groups may be combined depending on registration.
- Will cheer at 6 league games
- Coaches will only be able to coach one team.
- Two coaches per team max. Prefer one.
- We will minimize to eliminate all travel to other areas for this season.
- No Cheers at half time. Cheerleaders will cheer at end zones for flag football fields.

League

- | | | |
|-------------|-----------------|-----------------|
| • 5-6 age | 10max per team | Saturday games |
| • 7-8 age | 10 max per team | Saturday games |
| • 9-10 age | 10max per tem | Weeknight games |
| • 11-14 age | 10max per tm | Weeknight games |

YOUTH CROSS COUNTRY FACT SHEET

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**Coaches/Parents and Players will follow all city ordinances for Mask established at time of play

**Parents will be required to socially distance

- Ages 8-14
- No city XC meet
- Team as a whole will not travel as a group to a meet
- West Ashley/James Island/Peninsula areas will practice at Johns Island Park Mon & Wed 6-7pm
- Daniel Island area will practice at Governors Park Tuesday and Thursday time TBD.

****ONLINE REGISTRATION ONLY AT [RECTRAC.CHARLESTON-SC.GOV](https://retrac.charleston-sc.gov)****