

Re-Creating Recreation

JULY 2020 EDITION



CHARLESTON-SC.GOV/RECREATION



Letter from the Director



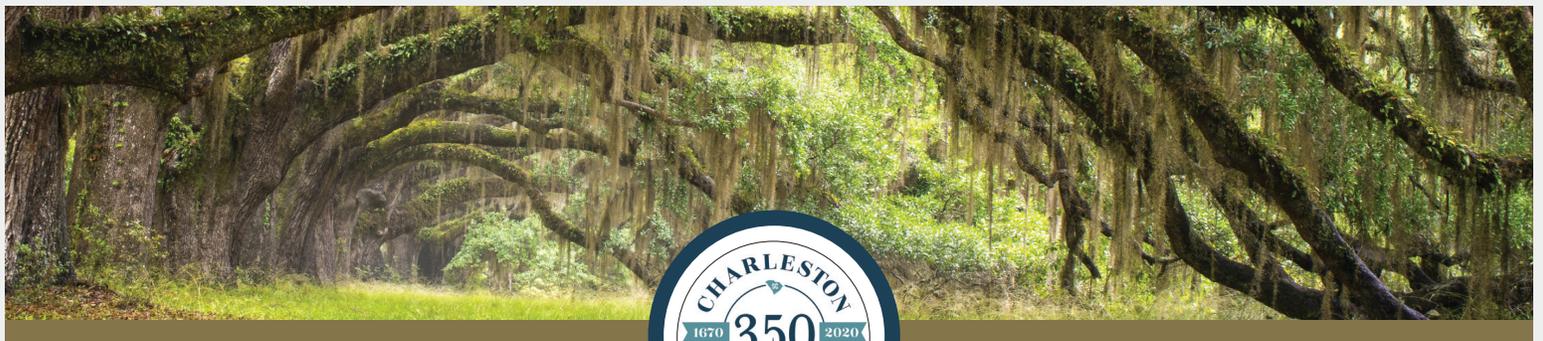
This year continues to be a very challenging and difficult year for everyone. Our work has been so different since March (100 days and counting) but as we head into the second month of summer camp, I want to share the update that city guidelines and CDC protocols have allowed Charleston children to participate in day camp, sports camps, and use city swimming pools.

The hard working recreation staff has ensured the safety of the campers and other city employees. Seeing smiles and hearing laughter in our buildings has been so exciting and we are now working on how we can safely offer fall programs.

Now is a great time to go to Charlestonparks.mindmixer.com and give our consultants information to help update the City of Charleston Parks and Recreation Master Plan. Let us know how much you value your parks and what you would like to see in the future!

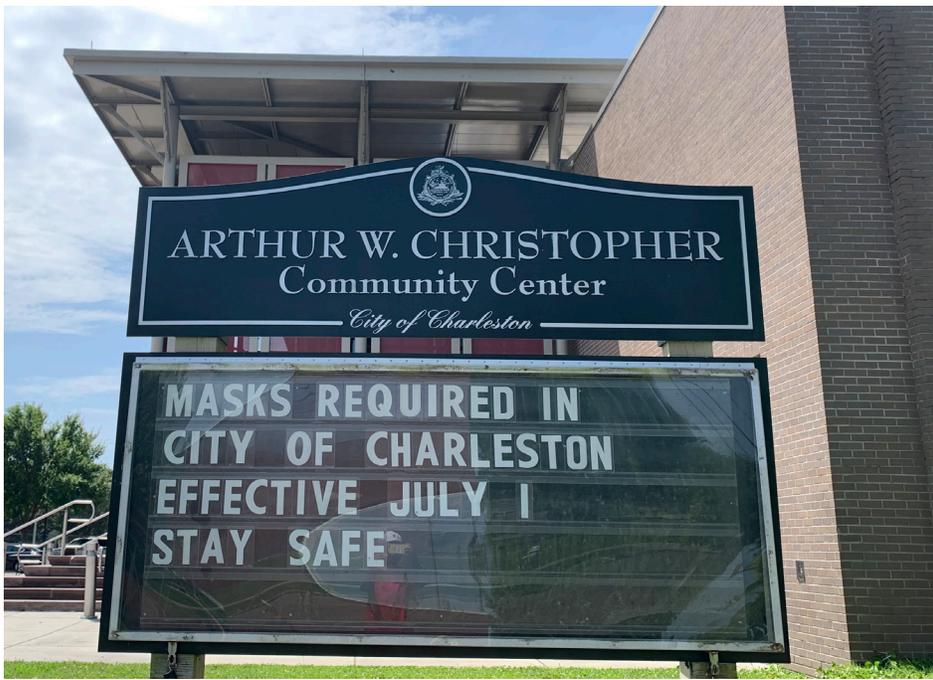
I encourage you to stay connected with your city recreation programs with us on Facebook or through our website, www.charleston-sc.gov/recreation. As programming begins to re-open, you will be able to find all of the information that you need to register you and your family. Happy Fourth of July and keep safe by wearing a mask, washing your hands, and practicing social distance!

Laurie Yarbrough



OUR STORY *is still unfolding...*

Be a part of the story as we celebrate and commemorate Charleston's 350th anniversary by honoring our unique customs, diverse cultures, and rich heritage through a deep reflection and honest representation of our history. Visit Charleston350.org for program details, featured blogs, articles, commemorative merchandise and more.



At the end of June, Charleston City Council approved an emergency ordinance requiring face coverings in public areas throughout the city of Charleston to reduce risk of exposure to COVID-19, effective July 1, 2020.

The ordinance is a fine-only offense and will be enforced primarily via educational efforts by civilian officers with the city's Livability Department. It will remain in effect for a period of 60 days, unless otherwise terminated.

Face masks are to be worn in any building open to the public, while entering, exiting, waiting in line, ordering, using the restroom, and while inside, excluding when eating or drinking. They are also required while interacting with people in outdoor spaces if 6 feet of distance cannot be maintained. They are not required while exercising outdoors as long as you abide by 6 feet rule.

Thank You 2020 Partners

Holy City Children
Reading Partners
Cusabo Lacrosse Kids on
DAE CCPLC Point
Foundation R3 Inc.
Enough Pie
Charleston Parks Conservancy
Ebony Carolina Studios
Soccer Trident Literacy

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Mission

To provide positive opportunities through recreation to enhance the quality of life of our citizens.



Contact Us

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PROGRAMS

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Policies

CANCELLATION/REFUND POLICY

Once a program begins, refunds are only issued due to health or family emergencies, or if the program is cancelled for any reason. Refunds are on a case-by-case basis. Please call the Recreation Main Office at (843) 724-7327 for clarification or more information.

LATE REGISTRATION POLICY

We cannot guarantee any available spots during late registration. Dates vary per season. A late fee of \$20 will be charged during those dates.

WAITLIST POLICY

Participants will automatically be placed on a waitlist if an activity has reached its maximum capacity. If spots become available, participants will be notified by phone or email and will be expected to respond as soon as possible. If confirmation is not received within 24 hours, the next available person on the waitlist will be notified.

WEATHER POLICY

Many City of Charleston activities, special events, and games are held outdoors, where weather becomes a factor. Participants are responsible for checking to see if activities, special events, or games have been cancelled, delayed, or rescheduled. Weather updates will be posted on RainedOut.com. On the Rained Out website, search "City of Charleston Recreation" and subscribe to your respective location/activity to receive texts or emails.

SCHOLARSHIP INFORMATION

The City of Charleston Department of Recreation offers recreational scholarships based on financial need for many of our programs. **Only City of Charleston residents are eligible to apply for scholarships.** Applicants must complete an official scholarship application form at least 30 days prior to the registration deadline for the program they wish to attend. Scholarship applications must include confirmation of the child's free or reduced lunch status and financial verification to be considered. Applications may be found at the Recreation Main Office at 823 Meeting Street, online at www.charleston-sc.gov/recreation, or at any of our recreation facilities. Completed forms must be mailed or turned in to the Recreation Main Office, ATTN: Scholarships (823 Meeting Street, Charleston, SC 29403).

ACCESSIBLE OPPORTUNITIES

The City of Charleston Recreation Department accepts registration from anyone, regardless of skills or abilities. Those needing special assistance or specific accommodations should notify the respective facility in advance with questions or concerns. The City of Charleston encourages all citizens to participate in recreational programming.

RainedOut

We have updated our overall city RainedOut account to "City of Charleston Recreation".

We have also organized and edited the individual accounts to better serve you.

Visit your sports' web pages to find the exact account to re-register for.

How to Register



ONLINE REGISTRATION

Log on to rectrac.charleston-sc.gov

1. Click on "Login"
2. Sign in with your username and password.
3. Search for the activity of your choice by clicking on the activity category.
4. Find your activity (verify area) and click "Add to Cart".
5. Choose the family member to register and answer any registration questions.
6. Continue to the shopping cart and choose "Proceed to Checkout".
7. Complete the process by paying.



NEW CUSTOMERS

If you or your family members have never participated in any event, program or sport with the City of Charleston, you will need to create an account. You will not be able to register without an account. If you're not sure if you're previously made an account, please call (843) 724-7327 to verify.



CREATE A NEW ACCOUNT

Log on to rectrac.charleston-sc.gov

1. Click on "Login"
2. Click the third link that says "I'm a brand new patron, register for a new account."
3. Fill out all required information.
**It may take between 24-72 hours for your account to be verified.*



MAIL REGISTRATIONS

You can register via mail by completing the registration form, attach check or credit card number, and mail to:

823 Meeting Street
Charleston, SC 29403



WALK IN REGISTRATIONS

Register in person at any City of Charleston recreation facility. Hours vary per facility.



REGISTRATION SITES

- Arthur W. Christopher Community Center
- Bees Landing Recreation Center
- Charleston Tennis Center
- Daniel Island Municipal Center
- James Island Recreation Complex
- Maybank Tennis Center
- Recreation Main Office



PAYMENT

We accept cash (\$5 or less), checks, money orders or credit cards (Visa & MasterCard only).



CONTACT US

Questions? Call (843) 724-7327 or email charleston-recreation@charleston-sc.gov.

PARK/FACILITY	ADDRESS	PHONE NUMBER
Ackerman Park	55 Sycamore Ave., 29407	N/A
Arthur W. Christopher Community Center	265 Fishburne St., 29403	(843) 724-7338
Bayview Soccer Complex	1051 Ft. Johnson Rd., 29412	N/A
Bees Landing Recreation Center	1580 Ashley Gardens Blvd., 29414	(843) 402-4571
Charleston Gymnastics Center	1088 Quail Dr., 29412	(843) 795-4207
Charleston Municipal Golf Course	2110 Maybank Hwy., 29412	(843) 795-6517
Charleston Tennis Center	19 Farmfield Ave., 29407	(843) 769-8258
Chisolm Park	2 Chisolm St., 29401	N/A
Daniel Island Municipal Center	235 Seven Farms Dr., 29492	(843) 216-6366
Daniel Island School/Freedom Park	2365 Daniel Island Dr., 29492	N/A
Deming Playground*	5th Ave. Maryville, 29407	(843) 769-8280
Etiwan Park	453 Seven Farms Dr., 29492	N/A
Freddie Whaley Playground	1810 Doscher Rd., 29405	(843) 744-1640
Forest Park Playground	780 West Oak Forest Dr., 29407	(843) 769-8259
Gadsdenboro Park	309 Concord St., 29401	N/A
Governors Park	165 Fairbanks Drive, 29492	N/A
Hampton Park	30 Mary Murray Dr., 29403	N/A
Harmon Park	201 President St., 29403	N/A
Hazel Parker Playground	70 East Bay St., 29401	(843) 958-6485
Herbert Hasell Pool (Summer only)	265 Fishburne St., 29403	(843) 724-7344
James Island Recreation Complex	1088 Quail Dr., 29412	(843) 795-5678
James Island Pool (Summer only)	1088 Quail Dr., 29412	(843) 795-1013
Johns Island Park	1727 Bozo Ln., 29455	N/A
Lenevar Playground	1305 Lenevar Dr., 29407	(843) 556-7393
Lowcountry Senior Center	865 Riverland Dr., 29412	(843) 990-9555
Mall Playground	68 Columbus St., 29403	(843) 724-7408
Martin Luther King, Jr. Pool	155 Jackson St., 29403	(843) 724-7346
Martin Park	155 Jackson St., 29403	(843) 973-7222
Mary Utsey Playground	1360 Orange Grove Rd., 29407	N/A
Maybank Tennis Center	1880 Houghton Dr., 29412	(843) 406-8814
McMahon Playground	55 Cleveland St., 29403	(843) 724-7405
Mitchell Playground	145 Fishburne St., 29403	(843) 724-7404
Moultrie Playground	41 Ashley Ave., 29401	(843) 724-7398
Ravenel Gym/Field (St. Andrews Middle)	721 Wappoo Rd., 29407	N/A
Recreation Main Office	823 Meeting St., 29403	(843) 724-7327
Shaw Community Center	22 Mary St., 29403	(843) 577-4860
St. Julian Devine Community Center	1 Cooper St., 29403	(843) 724-7350
Thomas Johnson Playground	1443 Secessionville Rd., 29412	(843) 762-2499
Tiedemann Park Nature Center	38 Elizabeth St., 29403	(843) 965-4002
Waring Senior Center	2001 Henry Tecklenburg Dr., 29414	(843) 402-1990
W. L. Stephens Aquatic Center	780 West Oak Forest Dr., 29407	(843) 769-8261
West Ashley Park	3601 Mary Ader Dr., 29414	N/A
Willie Gaines Playground	1820 Taborwood Cir., 29407	(843) 769-8256



Governors Park



Gadsdenboro Park



MLK, Jr. Pool



West Ashley Park

Parks, Facilities & Fields Amenities	Area	Baseball/ Softball Fields	Outdoor Basketball	Disc Golf	Dog Park	Outdoor Fitness Equipment	Multi-Purpose Athletic Field	Park House	Pavilion/ Picnic Tables	Playground/ Tot Lot	Pool	Recreation Facility	Restrooms	Skate Park	Tennis Courts	Volleyball	Walking Path/Trails
Ackerman Park	WA				•		•							•			
Arthur W. Christopher Community Center, Herbert Hasell Pool & Harmon Field	PEN	•				•	•			•	•	•	•				
Bayview Soccer Complex	JI						•		•				•				
Bees Landing Recreation Center	WA	•			•		•			•		•	•		•		•
Brittlebank Park	PEN								•	•							
Charleston Tennis Center	WA											•	•		•		
Chisholm Park	PEN						•										
Cool Blow Park	PEN	•	•				•			•							
Corrinne Jones Playground	PEN		•				•			•					•		
Deming Park	WA	•	•				•	•		•			•				
Etiwan Park	DI		•				•			•			•			•	
Freddie Whaley Playground	PEN		•					•		•			•				
Freedom Park	DI	•	•				•			•			•		•		•
Forest Park Playground & W.L. Stephens Aquatic Center	WA	•	•				•	•		•	•		•		•		
Gadsdenboro Park	PEN						•			•			•				•
Governors Park	DI	•			•		•		•	•		•	•				•
Hampton Park	PEN				•	•			•				•				•
Harborview/Ft. Johnson Park	JI									•							•
Hazel Parker Playground	PEN	•	•		•		•			•		•	•		•		
Jack Adams Tennis Center	PEN												•		•		
James Island Recreation Complex, James Island Pool & Charleston Gymnastics Center	JI	•			•		•			•	•	•	•				
Johns Island Park	JOHNS	•		•			•		•	•					•	•	•
Lenevar Playground	WA	•	•				•	•		•			•		•	•	•
Mall Playground	PEN		•					•		•			•				
Martin Park & MLK Pool	PEN	•	•				•	•		•	•		•				
Mary Utsey Playground	WA	•	•				•	•		•			•		•		
Maybank Tennis Center	JI												•		•		
McMahon Playground	PEN	•	•				•	•		•			•				
Mitchell Playground	PEN		•				•	•		•			•				
Moultrie Playground & Colonial Lake	PEN						•	•		•			•		•		•
Parkshore Park	WA	•	•				•		•	•					•		
Plymouth Park	JI	•								•							
Randolph Park	WA						•		•	•							
St. Julian Devine Community Center	PEN									•		•	•				
Stephen Washington Park	JI	•								•							
Stoney Field	PEN						•						•				
Thomas Johnson Playground	JI	•	•				•	•	•	•			•		•		
Tiedemann Park & Environmental Education Center	PEN						•			•		•	•				
West Ashley Park	WA	•		•			•						•				•
Willie Gaines Playground	WA		•				•	•		•			•				



When enjoying one of the city’s beautiful parks, keep in mind the social distancing guidelines.

- There is limited access to water fountains or restrooms so come prepared.
- When you share parks and trails with others, make sure you create respectful and safe space for others to pass.

Dog Park Guidelines

- You or your dog feeling sick? Do NOT enter park.
- Been in contact with someone who has COVID symptoms? Do NOT enter park.
- Keep 6 ft. distance from others (avoid handshakes and contact with others)
- Face masks/coverings are required if you are unable to maintain 6ft+.
- Do not touch other dogs.
- Limit contact with high touch equipment (gates, benches, etc.).
- Come prepared with your own water.



Parks and Playgrounds Guidelines

- Our playgrounds are open, but not sanitized. Use cautiously at your own risk.
- Been in contact with someone who has COVID symptoms? Do NOT enter park or use equipment.
 - Keep 6 ft. distance from others (avoid handshakes and contact with others)
 - Face masks/coverings are required if you are unable to maintain 6ft+.
 - Avoid gathering with members outside of your household.
 - Wash or sanitize hands after touching equipment.

Hampton Park Walk, Run & Roll Program

After receiving positive feedback from the community, we will continue to temporarily offer extended hours for Hampton Park’s Walk, Run, and Roll program. Vehicles will be restricted around Hampton Park during the following hours for exercise-related activities:

Monday–Friday: 4:00pm-8:00pm
 Saturdays: 8:00am-12:00pm
 Sundays: 1:00-5:00pm



Programs

Tennis Lessons

The Charleston & Maybank Tennis Centers are able to host private and semi-private lessons with the tennis pros.

CHARLESTON TENNIS CENTER

- Lessons with tennis pro, Jamey Tinkey
- Email Jamey at jameytinkey@gmail.com or call (843) 697-3999.
 - Bring your own water bottle
 - Groups of 3 or less

MAYBANK TENNIS CENTER

- Lessons with tennis pro, Toni Young
- Call Maybank Tennis Center to schedule a lesson at (843) 406-8814
 - Bring your own water bottle
 - Groups of 3 or less

Daily Golf Classes

US Kids Levels 1-3 & 4-5

The new format of the US Kids Golf After School Learning Programs is daily sessions with a specific skill focus for each class. This will allow for flexibility with parents and children's schedules and you can choose the day/time/and skills based on your child's development.

Each child must master levels 1-3 in order to sign up for the advanced levels 4-5. If your child is new to the USKG Programs, sign up for the putting class for your child's "introduction", then move to other skills such as, chipping, pitching/sand.

Classes are offered on varying days/times each week with a different skill focus. Space is limited so please sign up in advance.

Classes begin Monday, July 6.

**Sign up for
Charleston Tennis Center
Summer Camps!**

**More information
on page 16.**

Aquatics



Herbert Hasell Pool

265 Fishburne Street
Charleston, SC 29403

(843) 724-7344

Updated Hours
Monday-Friday: 7am-7pm
Saturday: 10am-3pm



James Island Pool

1088 Quail Drive
Charleston, SC 29412

(843) 708-4104

Updated Hours
Monday-Friday: 7am-7pm
Saturday: 10am-3pm

In order to maintain safety for all staff and users, these pools will implement the following restrictions:

- Lap/exercise swimming only (no group classes)
- Reservations **REQUIRED** for lap swim. The pools will take reservations beginning at 6:00am. Call JIP at (843) 708-4104 or HH at (843) 724-7344.
- Reservations **ACCEPTED**, but not required for recreational swim from 10am-4pm.
- Pool passes or user fees are required (passes are recommended).
- Temperature checks will take place before entering the pool area.
- One swimmer allowed per lane (6 lanes) with a 45 minute time limit.
- No pool equipment will be provided.
- Locker rooms are open for restrooms only at JIP. HH has a family restroom. Please arrive in swimsuit.
- Social distancing required.
- Participants may need to wait outside before entering the pool area if all lanes are filled.



Recreation Swim at Herbert Hasell Pool



Lap Swim at Herbert Hasell Pool

Facilities

Renovation Updates



Daniel Island Recreation Center

We have seen great progress with our newest recreation facility. It is still on track and we anticipate completion at the end of 2020. The official opening will be in 2021.



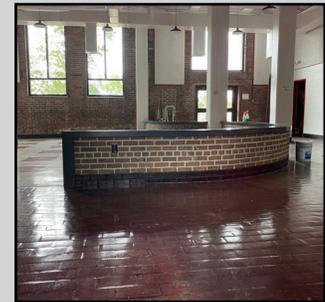
Martin Luther King, Jr. Pool

COVID 19 shut down work for several weeks, but the project is back underway. It will be complete and should re-open in late July 2020.



Charleston Municipal Golf Course

COVID 19 allowed us to close the course completely and work on all areas of play. If no issues arise, we should be on track to re-open for play in September 2020.



St. Julian Devine Community Center

The work on the interior is complete and work on the outside space will include new parking, new play equipment, and improved landscaping. This work will be completed by the end of summer.

Facility Highlight

St. Julian Devine Community Center

This community center was named after Julian Devine, an American politician from Charleston who served on the Charleston City Council from 1967 to 1975. He also served as Mayor Pro Tem in 1975.

The building was formerly a trash incinerator, but was converted into the St. Julian Devine Community Center which now serves the local neighborhood. It is easily recognizable when traveling across the Ravenel Bridge by the two large smokestacks stretching into the sky. It is currently receiving a renovated indoor space, as well as an outdoor area beautification project thanks to Charleston Parks Conservancy.



Camps

Athletic Camps

<https://www.charleston-sc.gov/camps>

BASEBALL CLINIC

Players will be able to keep their skills fresh over the summer by participating in this Tuesday night clinic. The clinic will be run by ProPerformance Athletics and will focus on the fundamentals of catching, throwing, hitting, and base running.

 **Governors Park (Daniel Island)**

Dates/Time	Ages	Cost	Activity #
June 23-July 28 Tuesdays 6:00pm-7:30pm	7-14	\$60/six-week session	313803

 **Bees Landing Recreation Center (West Ashley)**

Dates/Time	Ages	Cost	Activity #
July 1-22 Wednesdays 5:30pm-7:00pm	5-6	\$60/six-week session	314006

BASEBALL CAMP

ProPerformance Athletics will teach the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Rain make-up day on Friday of camp week if necessary.

 **Governors Park (Daniel Island)**

Dates/Time	Ages	Cost	Activity #
July 13-16 9:00am-12:00pm	6-12	\$100/week	313001

 **West Ashley Park (West Ashley)**

Dates/Time	Ages	Cost	Activity #
July 6-10 9:00am-12:00pm	7-15	\$100/week	314007



2019 Soccer Camp on James Island

SOCCER CAMP

City of Charleston Recreation is partnering with Soccer Shots for these week-long camps designed for girls and boys to develop the fundamental techniques of soccer in a fun, learning environment. Rain make-up day on Friday of camp week if necessary.

 **Governors Park (Daniel Island)**

Dates/Time	Ages	Cost	Activity #
July 13-16 July 27-30 9:00am-12:00pm	6-12	\$130/week	313201

 **James Island Recreation Complex (James Island)**

Dates/Time	Ages	Cost	Activity #
July 6-10 9:00am-12:00pm	4-10	\$125/week	311201

CAROLINA SOCCER CENTER CAMP

Each participant receives a t-shirt and will participate in water-slide fun to cool off after a morning of learning about soccer!

 **Bayview Complex (James Island)**

Dates/Time	Ages	Cost	Activity #
July 13-17 8:30am-12:00pm	4-12	\$120/week	311201



2020 Football Camp on James Island

FLAG FOOTBALL CAMP

The Daniel Island flag football camp taught by ProPerformance Athletics is aimed towards enhancing the performance for all athletes who participate. The West Ashley flag football camp is taught by Chris Richardson. The first hour will focus on speed, power, agility, explosiveness, and raw strength. The second hour will consist of skill development, and the last hour will involve scrimmage play for situational application.

Governors Park (Daniel Island)

Dates/Time	Ages	Cost	Activity #
July 20-23 9:00am-12:00pm	8-12	\$100/week	313301

Orange Grove Field (West Ashley)

Dates/Time	Ages	Cost	Activity #
July 13-17 9:00am-12:00pm	9-15	\$100/week	314301



2020 Flag Football Camp in West Ashley

FAMILY FIT FUN

Join us on Tuesdays & Thursdays at Hampton Park for a family fitness adventure. The evening's activities include running games and drills, light strength training exercises, and of course, family versus family competition. We require one parent/guardian to be involved in all games and exercises. One member of your family must be between the required ages, and after that, anyone can participate. For families with multiple children in the age group, please only register once.

Hampton Park

Dates/Time	Ages	Cost	Activity #
June 23-July 30 Tuesdays & Thursdays 6:00pm-7:00pm	7-16	\$60/residents \$85/non-residents	310500

ALL SPORTS CAMP

Come learn the basics of football, baseball, and basketball, as well as a few other sports. Time to learn how to PLAY! Camp instructed by John Patterson.

James Island Recreation Center (James Island)

Dates/Time	Ages	Cost	Activity #
July 20-24 9:00am-3:00pm	7-12	\$150/week	311901

SPEED & AGILITY CLINIC

Activities will focus on improving speed, technique, strength, stamina, and stability to enhance athletic performance and improve sport specific skills. Owner of Camp Stop Training, Davon Gilliard will lead this camp.

Bees Landing Recreation Center (West Ashley)

Dates/Time	Ages	Cost	Activity #
June 25-July 16 Thursdays 6:30pm-7:30pm	7-12	\$60/6-week session	314800

Governors Park (Daniel Island)

Dates/Time	Ages	Cost	Activity #
June 22-July 13 Mondays 6:30pm-7:30pm	7-12	\$60/6-week session	313700

BOYS & GIRLS LACROSSE CAMP

Lowcountry Lacrosse will host this camp for beginners who want to learn the sport or for experienced players to work on their skills and improve their game. Rain make-up day on Friday of camp week if necessary.

Ages 4-7 do not need equipment for participation in camp. Ages 8-14 will need equipment for participation in camp.

Governors Park (Daniel Island)

Dates/Time	Ages	Cost	Activity #
July 27-30 9:00am-12:00pm	4-14	\$100/week	313410



2020 Lacrosse Camp on Daniel Island

Athletic Camps

TENNIS SUMMER CAMPS

There is still availability in tennis camps at Charleston Tennis Center. Camps are taught by tennis pro, Jamey Tinkey. Each camp lasts for a week and varies in age groups, time, cost, and content.

Register online using activity #340501 and search for the week you need. Due to safety concerns, we are limiting the number of children attending each week so a few camps may already be full.

Call (843) 769-8258 for more information on camps.

***ALL MAYBANK TENNIS CAMPS ARE CURRENTLY FULL AND WE ARE NOT ACCEPTING WAITLIST REGISTRATIONS.**

GOLF SUMMER CAMPS

US Kids Levels 1-3

Dates	Time	Ages	Cost	Activity #
July 6-10	9am-12pm	6-13	\$125/week	300200
July 13-17	9am-12pm	6-13	\$125/week	300200
July 20-24	9am-12pm	6-13	\$125/week	300200
July 27-31	9am-12pm	6-13	\$125/week	300200
August 3-7	9am-12pm	6-13	\$125/week	300200
August 10-14	9am-12pm	6-13	\$125/week	300200

US Kids Levels 4-5

Dates	Time	Ages	Cost	Activity #
July 6-10	9am-12pm	8-16	\$125/week	300201

In order to meet the social distancing guidelines and CDC recommendations, all summer camps will have a few restrictions and changes this year. Please reach out to your specific facility or area you are participating in to receive the camp's updated guidelines. Our primary focus is to keep our staff and participants safe while having fun, but we need your help in doing so! Please adhere to recommendations from your facility or camp director and teach your child the importance of hand washing, sanitizing, masks and social distancing.

2020 RIVERDOGS YOUTH BASEBALL CAMPS

NEW DATES
NEW SOCIAL DISTANCING PROTOCOLS AND LIMITED CAPACITY

\$250 PER CHILD PER WEEK OR INDIVIDUAL DAYS FOR \$70 EACH

SESSION 1: JUNE 16-19, 2020 (Tue-Fri)
SESSION 2: JUNE 23-26, 2020 (Tue-Fri)
SESSION 3: JULY 7-10, 2020 (Tue-Fri)
SESSION 4: JULY 21-24, 2020 (Tue-Fri)
SESSION 5: JULY 28-31, 2020 (Tue-Fri)
 8:30am-12:30pm daily

AGES 6-13

Includes professional baseball instruction led by the RiverDogs' Chris Singleton, radar gun velocity testing, hitting, pitching, and base running instruction, speed and agility training, proper warm up and stretching, game play, baseball fundamentals, snack, and camp swag!

SIGN-UP AND MORE INFO AT
RIVERDOGS.COM

THIS IS YOUR TIME, *Enjoy Every Moment*

We are the Lowcountry Senior Center and Waring Senior Center. Our centers are welcoming places for adults 50 and older to learn, exercise and enjoy each other's company. With locations on James Island and in West Ashley, we are here to help you enjoy every moment.



LOWCOUNTRY
SENIOR CENTER 

865 Riverland Drive
Charleston, SC 29412
(843) 990-5555



WARING
SENIOR CENTER 

2001 Henry Tecklenburg Drive
Charleston, SC 29414
(843) 402-1990

To learn about membership and view our complete program calendar,
visit lowcountryseniorcenter.com or waringseniorcenter.com.

Both senior centers are a Silver Sneakers facility.



Virtual Recreation

Check out all of the recreation activities that you can do at home for all ages! We have ideas, crafts, videos, educational opportunities, virtual tours, activities, fitness classes, games and much more to make sure everyone is recreationally well-rounded. Find all of the resources on our Facebook page or website and while you're enjoying those activities, participate in our Recreation Bingo for a prize!



Indoor

We have a variety of fitness videos and links, arts and crafts, and other fun activities to do indoors. There are activities for all ages and learning levels!

Featured Activities:

- Cooking with Taylor videos
- Virtually explore the Riverbanks Zoo
- Space Racers with NASA!
- Learn how to be a spy!
- Practice mindfulness

Outdoor

We have plenty of ideas for outdoor recreation opportunities and activities for you and your family to do safely in your yard or neighborhood, from athletic drills to environmental education lessons.

Featured Activities:

- At Home Soccer Drills with Soccer Shots
- SMRT Swimming Workouts
- Build your own mini-golf workouts
- Gymnastics stretches for all ages



Brain POP

Resources

Discover a database of educational resources with lessons, activities and plans for parents, caregivers, and youth of all ages and abilities.

Featured Resources:

- Scholastic Learn at Home
- Learning for Students with special needs
- BrainPOP
- Quarantine Schedule & Activity Help



TAG US ON FACEBOOK IF YOU GET BINGO AND WIN A PRIZE!

RECREATION BINGO

<p>FAMILY CAMPOUT IN LIVING ROOM OR IN YOUR YARD</p>	<p>AT-HOME SCIENCE EXPERIMENT https://bit.ly/2JurjQb</p>	<p>CHALK YOUR WALK https://bit.ly/3bTWDUT</p>	<p>MAKE BATH CRAYONS https://bit.ly/2UOIJgW</p>	<p>OUTDOOR SCAVENGER HUNT https://bit.ly/2ULoAHn</p>
<p>COSMIC KIDS YOGA https://bit.ly/3ayrCFG</p>	<p>LEARN OR PRACTICE SOCCER SKILLS https://bit.ly/343qPKm</p>	<p>ACTIVITY ON BRAINPOP https://www.brainpop.com</p>	<p>MAKE SLIME https://bit.ly/346ugjl</p>	<p>VIRTUAL TOUR OF SC PARK https://www.facebook.com/SC.State.Parks</p>
<p>ONLINE PUZZLES https://bit.ly/3bJoVRS</p>	<p>LEARN A NEW LANGUAGE https://www.duolingo.com</p>	<p>FREE SPACE</p>	<p>DO THE SEE 10, DO 10 FITNESS CHALLENGE ON OUR FACEBOOK</p>	<p>VIRTUAL DISNEY WORLD RIDES https://bit.ly/3akgvA3</p>
<p>WORKOUT AS A FAMILY https://bit.ly/2X2nrxQ</p>	<p>MAKE SALT DOUGH ORNAMENTS https://bit.ly/2UMf</p>	<p>ONLINE STORYTIME https://bit.ly/2JusQFX</p>	<p>BAKE TOGETHER AS A FAMILY</p>	<p>PLAY A BOARD GAME</p>
<p>DO A JIGSAW PUZZLE</p>	<p>INDOOR PICNIC AS A FAMILY (everyone brings a different dish)</p>	<p>BUILD AN INDOOR FORT https://bit.ly/2UIf3b1</p>	<p>FACETIME, ZOOM OR SKYPE WITH FAMILY MEMBERS</p>	<p>MAKE A TIK TOK AS A FAMILY</p>

Community Bulletin Board

STAY CONNECTED!

A connected community is a strong community. There are many ways to stay informed and connected with the city. For our recreation information, stay updated on our website, charleston-sc.gov/recreation and on our Facebook page, @ChsRecreation.

For the City of Charleston information, follow along on their website, charleston-sc.gov and on their Facebook & Twitter pages, @CityCharleston.

Register for the city's "Hey, Neighbor!" newsletter from Business & Neighborhood Services here:
<https://bit.ly/3d6UyWl>



JULY IS PARKS & RECREATION MONTH!

This month, we're celebrating all of the parks and recreation professionals of Charleston. They serve the city in a variety of ways, making the community a better place to live, work, and play. Share your appreciation for your local parks and recreation workers by using the hashtag #WeAreParksandRec!

**WE ARE
PARKS AND
RECREATION**



RECREATION BINGO!

In need of some fun activities with your family at home? Play our Recreation Bingo on page 15 for plenty of options on getting active and having fun together!

Take a picture or video of you and your family completing different activities and share them with us on Facebook. Show us the activities you did that lead to a bingo and win a prize bag from the Recreation Department!



If you would like to submit a community-wide announcement to be featured on the community bulletin board in the July or August issues, please reach out to Bethany Doman at domanb@charleston-sc.gov to submit your request.



#WIIW?

We've launched our summer campaign on Facebook, #WhereIsItWednesday!

Each week, our water bottle appears at a different park or facility and you can join in to guess the location.

Check out page 21 for a chance to win a prize bag!

SUMMER LUNCH LOCATIONS

Learning does not end when school lets out. Neither does the need for good nutrition.

We are partnering in the Summer Food Service Program. Meals will be provided to all children ages 18 years old or younger without charge. Acceptance and participation requirements for the program are the same for everyone, regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service.

Meals will be provided Monday-Friday from June 15-August 14 from 11am to 1pm.

Locations can be found here: <https://bit.ly/2APtPS>

Charleston > excellence is our standard
County SCHOOL DISTRICT



The City of Charleston is planning for the future of your parks and recreation opportunities. Join the conversation to let us know what you want to do in your parks, how they can be improved, and what suggestions you have to improve the quality of life for Charleston residents and visitors. This plan will lead policies and direction for the City's leaders, Parks Department and Recreation Department for the next ten years.

With the Covid-19 pandemic, we are missing the opportunity to meet with Charleston residents in person at this time. The City had planned to conduct public open houses to invite residents to participate in a series of fun exercises to identify your needs and preferences. Since we cannot meet in person for now, we will try to conduct some of the same processes virtually. Several opportunities will be available for you to express your ideas, including:

- Parks and Recreation Master Plan Survey can be completed online at <https://www.surveymonkey.com/r/CHSParks> (options for English and Spanish)
- MindMixer.com is an online engagement site where you may provide input throughout the year-long master planning process. The discussion topics will change as the process advances. Currently the discussions focus on topics we usually do at public open houses, but since we cannot meet in public at this time due to the Covid-19 pandemic, we have tried to simulate the experience. Add your input at the following address: <https://charlestonparks.mindmixer.com/>
- Master Plan Web Site – The City has established a website for the Master Plan where you can find the links to the surveys and online engagement, as well as find out information on future workshops, presentations, and open houses. The web site is: <https://www.charleston-sc.gov/ParksRecreationMasterPlan>.

GIVE FEEDBACK!



Last summer, we started a Facebook Campaign called #WhereIsItWednesday (WIIW). Different parks and facilities were highlighted and followers had the chance to guess and win a prize bag.

We are continuing the campaign this summer by featuring ten different parks and facilities in the Charleston area. If you can name these three locations, e-mail your answers to Bethany Doman at domanb@charleston-sc.gov. If all 3 locations are correct, you will win a prize bag!

Good luck, be safe, and visit your local parks! And remember, practice social distancing!



**CAN YOU GUESS THESE LOCAL PARKS
AND FACILITIES?**



The Mums

A woman with a knee brace is running on a bridge. She is wearing a yellow tank top, blue shorts, and red sneakers. The bridge has white railings and a concrete walkway with yellow dashed lines. The background shows the bridge's structure and a clear blue sky.

GET BACK TO the Activities you Love

Our top-rated program specialists, across the Lowcountry, are ready to get you back to the activities you love. We're taking extra precautions to ensure your safety during your appointment, so care doesn't have to wait.

As South Carolina's most experienced team, we offer a full range of orthopaedic services, both surgical and non-surgical.

ROPER  **ST. FRANCIS**
HEALTHCARE

SCHEDULE NOW

To schedule an appointment,
call (833) 954-HURT or visit

rsfh.com/orthonow.