Pre-Employment Polygraph Examination Instructions

Below is a list of instructions for your polygraph examination:

- Get a good night’s sleep the night before the examination
- Eat before you arrive at your polygraph examination
- No Alcohol should be consumed at least 12 hours before your test
- Take all medications as prescribed by your medical or psychiatric provider
- If you are currently experiencing severe coughing, sneezing, congestion, or other related symptoms please advise the examiner as soon as possible to determine if you are suitable for testing at this time
- Business casual attire is required (business attire required if same day as your interview)
- Bring photo identification (e.g., driver’s license, passport, etc.)
- Be prepared to stay at least two hours (minimum) for your polygraph exam
- Finally, the best way to pass your polygraph examination is to be completely truthful during the polygraph process

The polygraph examiner will discuss the entire polygraph process with you and will cover the questions you will be asked prior to submitting to the exam. If you are unable to make it to your scheduled polygraph exam please contact Inspector Karen Nix at nixk@charleston-sc.gov or call (843) 720-2456.