

70 East Bay St. Charleston, SC 29403

**THERAPEUTIC RECREATION COORDINATOR: JENNIFER TISSOT**

Phone: (843) 708-3651

E-mail: [molizonj@charleston-sc.gov](mailto:molizonj@charleston-sc.gov)



## THERAPEUTIC PROGRAMS

### BEYOND BASIC

Beyond BASIC is a day program that encourages learning life skills beyond the basics that encourage individuals in the community to become more independent. Participants will focus and develop skills in the five elements that make up the program foundation: social skills, health awareness, independent living skills, increased self-esteem, and personal areas of interest.

Six-week sessions (Call for dates)	Teens & Adults	\$168/ session	Activity # 230001
Fridays 9:00am-5:00pm	Shaw Community Center		

### UNIFIED BASKETBALL

Participants will learn the basic skills of basketball including ball handling, shooting, rebounding, passing, catching, and dribbling, as well as the fundamentals of the game. Athletes will have the opportunity to compete in the City of Charleston local basketball tournament. All abilities!

February 2-April 5	Ages 9-Adult	\$30 Fee	Activity # 130500
Tuesdays 6:00pm-7:00pm	Ravenel Gymnasium		

### UNIFIED CHEERLEADING

Cheerleaders will get the opportunity to cheer for the Swamp Fox basketball team and will also have the chance to compete in local competitions. All abilities!

February 2-April 5	All Ages	\$30 Fee	Activity # 430400
Tuesdays 6:00pm-7:00pm	Ravenel Gymnasium		

### UNIFIED TENNIS

Athletes will learn skills, as well as short court and full court fundamentals. Players will have the chance to play singles or doubles games. Players in the winter season will have the opportunity to go to the Special Olympics Hilton Head Tennis Tournament. All abilities!

August 9-October 11	Ages 9-Adult	\$30 Fee	Activity # 430800
Tuesdays 6:00pm-7:00pm	Bees Landing Recreation Center		

### UNIFIED BOWLING

Participants will learn the basic skills and fundamentals for competitive bowling. Athletes will have the opportunity to compete in Summer Special Olympics (under 21) and Fall Games (over 21). All abilities!

March 14-May 2	Ages 9-Adult	\$35 Fee	Activity # 230220
August 29-October 24	230220		
Mondays 6:00pm-7:00pm	430250		
Sparion Lanes in Mt. Pleasant			

### UNIFIED PLAYERS (THEATER)

Participants will learn all aspects of theater. Actors will rehearse and learn lines and blocking for a chosen play and will participate in performing the show on stage or behind the scenes. All abilities!

January 21-March 10	All Ages	\$30 Fee	Activity # 230100
September 1-October 27	430110		
Thursdays 6:00pm-8:00pm	Hazel Parker Playground		

### SPECIAL CHEF'S COOKING CLASS

Chefs will experience first-hand the life skills of cooking basic meals. Students are hands-on from choosing the ingredients, to kitchen cleanliness, and setting the table. Chefs will receive a cook book at the end of the session and dinner is served nightly. Spaces are limited and registration is open on a first come first serve basis. All abilities!

January 6-27	Ages 9-Adult	\$40 fee	Activity # 230310
May 4-25	230310		
Wednesday 6:00pm-8:00pm	Hazel Parker Playground		

### UNIFIED BOCCIE

Participants will learn the basic skills and fundamentals of Bocce. Players will have the opportunity to compete in Special Olympics Fall Games. All abilities!

June 7-July 26	Ages 9-Adult	\$30 Fee	Activity # 334041
Tuesdays 6:30pm-7:30pm	Bees Landing Recreation Center		

## THERAPEUTIC PROGRAMS

### UNIFIED SWIM TEAM

Athletes will learn the skills and fundamentals of swimming. The Fall swim is a fun swim. Practices will focus on just being in the water and will not be competitive. The winter fun swim is a perfect opportunity to get used to swimming. The Unified Swim Team in the Spring months is a competitive swim team that will practice to compete in the local swim meet and travel to Special Olympics Summer Games in Fort Jackson. All abilities!

March 16-May 4	Ages 9-Adult	\$30 Fee	Activity # 430250
October 12-December 7	430250		
Wednesdays 6:30pm-7:30pm	W.L. Stephens Pool		

### UNIFIED GOLF

Players will learn the basic rules, etiquette, skills, and fundamentals of Golf. Players will have the opportunity to compete in Special Olympics Fall Games held in Greenville, SC. All abilities!

September 1-November 3	Ages 9-Adult	\$30 Fee	Activity # 430280
Thursdays 6:00pm-7:00pm	Charleston Municipal Golf Course		

### THE MOBILE GARDENERS

Participants will learn about plants and how to grow them. The Mobile Gardeners will also volunteer to help with the care of Hampton Park. Only 15 spots are available and registration is on a first come, first serve basis. All abilities!

3 <sup>rd</sup> Saturday of each month (year round)	Ages 9-Adult	Free	Activity # 530010
Hampton Park			

## SUMMER CAMPS

### CREATIVE ARTS SUMMER CAMP

Explore and create at the Creative Arts Summer Camp! We will learn and develop skills in socialization, music, yoga, painting, theater, and more. Lets get creative!

June 23-27	Ages 9-Adult	\$40 Fee	Activity # 331001
5:00pm-8:00pm	Hazel Parker Playground		

### PERFORMING ARTS CAMP

The Performing Arts Camp is the best way for you to express yourself. This camp focuses on Stage Theater performances. Projection, character development, lighting, sound, costume, and improvisation are all skills gained during this week long theater experience. A performance will be held for family and friends on the last night of camp.

July 25-29	Ages 10-Adult	\$40 Fee	Activity # 331002
5:00pm-8:00pm	Hazel Parker Playground		



## SPECIAL EVENTS

### DINNER AND A MOVIE NIGHT

Join us for dinner in the food court at 5:30pm and then at 6:30pm we will walk through the mall across the parking lot to the Citadel IMAX Theater for a family-friendly flick!

June & July (Call for dates)	Ages 9-Adult	Cost of dinner and movie	Activity # 330401
5:30pm-9:00pm	Citadel Food Court/IMAX		

### TOURIST IN YOUR OWN TOWN

Spend the day with us being a tourist in your own town! The group takes trips to different historical locations all around the Lowcountry to explore the beautiful city we call home. Pack a lunch, wear comfortable shoes, bring your camera, and make plans to attend our next tourist event!

June & July (Call for dates)	Ages 10-Adult	Cost varies	Activity # 330402
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### UNIFIED PROM

Get out your suit and gown and join us for our formal prom night co-hosted with Charleston County Parks and Recreation! Each prom is a themed event and is always the talk of the town!

August 19	6:00pm-8:00pm	All Ages	Free
Bees Landing Recreation Center			

## SPECIAL EVENTS WITH CCSD

### SPORTSATONAL

Sportsational is for students of special needs classrooms from the Charleston County School District to spend the day participating in different sport activities such as basketball, tennis, small games, gymnastics, and jump castles. City of Charleston Police and Fire Departments will teach us about safety and we end the day with pizza and awards.

February 24	10:00am-1:00pm	Free	Activity # 133010
James Island Recreation Complex			
Middle, & High school students			

### SUN & FUN

Students in the Charleston County School District will be invited to participate in different athletic sports including swimming, tennis, bocce, wiffle ball, and basketball.

September 28	10:00am-1:00pm	Free	Activity # 430020
Forest Park Playground			
Middle, & High school students			

### BOCCIE INVITATIONAL

Students in the Charleston County School District will practice 8 weeks of bocce and will then compete in the Bocce Tournament held at the Bees Landing Recreation Center.

October 26	9:00am-1:00pm	Free	Activity # 433010
Bees Landing Recreation Center			
Elementary, Middle, & High school students			

## THERAPEUTIC RECREATION VOLUNTEERS NEEDED!

Volunteers are always needed for sports, events, programs, and social activities! For more information on how you can become a part of our programs, please contact:

Jennifer Tissot (843) 708-3651 or [molizonj@charleston-sc.gov](mailto:molizonj@charleston-sc.gov)