James Island Recreation Complex

1088 Quail Dr.
Charleston, SC 29412
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JIRC SPECIAL EVENTS

KIDS SAFETY EXPO
Bring your children to see and climb on Fire trucks, EMS and Police Vehicles. Learn safety tips on any emergency. Smoke House will be open to walk through. Will be held at the Bayview Soccer Fields near JIRC on Fort Johnson Rd.

October 12, 2013 10am-1pm	All Ages	Free	Activity # 472010

CHRISTMAS TREE LIGHTING
Come enjoy the spirit of Christmas with our annual tree lighting. Holiday music and light snacks for the kids.

December 3, 2013 5:30pm	All Ages	Free	Activity # 172002

JIRC SIZZLIN SENIORS

SIZZLIN SENIOR BINGO
Bring your favorite snack to share and be ready to call "BINGO".

Monday & Thursday 12:30pm-3pm	Ages 55+	Free	Activity # 572111

SIZZLIN SENIOR GROUP MEETINGS
If you enjoy traveling, eating, fellowship, and total fun and enjoyment then this group is for you. Our group will travel for shopping trips, sightseeing tours and movies. All group trips are dutch treat. Any trips longer then one hour there will be a $1 charge.

January 16 10:30am	Senior Trip $1 Movies and lunch Call to rsvp
February 14 10:30am	Senior Valentine Luncheon Bring a favorite covered dish to share with friends
April 24 10:30am	Senior Annual Spring Luncheon Bring a favorite covered dish to share with friends
May 15 10am	Senior Trip $1 Tanger Outlets
August 28 9am	Senior Trip $1 Savannah, GA
October 30 11am	Senior Halloween Luncheon. Bring a favorite covered dish to share with friends
December 18 11am	Senior Christmas Luncheon Bring a favorite covered dish to share with friends

JIRC PROGRAMS

AEROBICS
Classes include interval, step, weights, body bars and stretching. Whether you're a novice or a pro, we've got a plan designed for you. All intructors are certified.

Tue-Thurs 9am-10am Mon-Wed 5:30pm-6:30pm Saturday 9:30am-10:30am	Ages 16 & up	$5/class or $35 monthly pass	Activity # 572101

YOGA
Learn to relax and exercise your mind and body. Classes are for all levels and ages.

Mon/Wed 6:45pm-7:45pm Tues/Thurs 5:30pm-6:30pm	Ages 16 & up	$5/class or $35 monthly pass	Activity # 572103

CAPOEIRA
This class combines sport, dance, martial arts, music and acrobatics all in one. This Brazilian Martial Arts is open to men, women and children.

Tues/Thurs 6:30pm-8pm Sat 12pm-2pm	Ages 13 & up	Ages 13-17 $5/class or $30/ month Ages 18 & up $10/ class or $60 month	Activity # 572104

KIDS CAPOEIRA
Brazilian Martial Arts class for kids combines sport, dance, martial arts, music and acrobatics all in one.

Saturdays 11am-11:45am	Ages 5-10	$5/class	Activity # 572109

ZUMBA
Instructors will teach you all the latest and most modern steps. High Energy Workout for all ages.

Tuesdays 8pm-9pm Thursdays 7:30pm-8:30pm Saturdays 12pm-1pm	Ages 18 & up	$5/class	Activity # 572112

JIRC PROGRAMS

OPEN RECREATION

Times vary; please call for open times in the gymnasium	All Ages	$15/ year city	Activity # 572115
*ID cards required for Open Recreation		$30/ year non city	

YOUTH ART CLASSES
Instructor will lead the class through a hands on expereince on the basics of art.

Tuesdays 6pm-7pm 4 week sessions begining the first Tuesday of the month	Ages 7-12	$45/ session + $20 material fee	Activity # 572209

KINDERMUSIK
This class is for newborns to 4yr olds. Immerse your child in a musical atmosphere of play, song and dance. Connect with other Moms and learn how music can make parenting easier. 15 week session, 3 different classes

3mo-18mo Tuesdays 9:15am-10am 18mo-4 Tuesdays 11:15am-12pm	Ages 3mo-4	$150/ session + $60 material fee	Activity # 572213

YOUTH DANCE CLASS
Learn to Dance with Barrie Roland during six-week session where children learn basic ballet and tap and more. Classes will have a theme and recital at the end of each session. Nutcracker will be the Oct-Dec theme.

Mondays 4pm-5pm Session I: Jan 28–March 11 Session II: March 18–April 29 Session III: April 22-May 20 Session IV: Sept. 9–Oct 14 Session V: Oct 28–Dec 9	Ages 3-5	$60/ session	Activity # 572208

GARDENING CLASS
Learn how to plant your favorite flowers and trees. Learn when is the best time to plant and how to plant different flowers, plants, shrubs and trees. Brownswood Nursery staff will teach this class the first Wednesday of every month. Includes supplies.

1st Wednesday of the month 10am-11am	All Ages	$10/ class	Activity # 572913

ADULT PAINTING
Learn how to mix colors and paint an array of items from scenery to still objects. You do not have to have prior painting experience to enjoy this class.

Fridays 10am-12:30pm Session I January 4- Feb 8 Session II Feb 15- March 22 Session III April 5 – May 10 Session IV May 17 – June 21 Session V August 30 – Oct 2 Session VI October 11- Nov 15 Session VII Nov 22 – Dec 20	Ages 18 & Up	$50/6 week session	Activity # 572207